

LSW- Werfertag am 09.03.2024 in Mutterstadt

Ergebnisliste

LSW-Igmanderhammerwerfen

WHK + W 45 (5,00 kg):

| | | | | | |
|----|---------|--------|----|---------|-------------------------|
| 1. | Keller, | Birgit | 75 | 21,56 m | RKS Phoenix Mutterstadt |
| 2. | Ansel, | Renate | 74 | 16,35 m | RKS Phoenix Mutterstadt |

W 50 (3,00 kg):

| | | | | | |
|----|--------|--------|----|---------|-------------------------|
| 1. | Ansel, | Renate | 74 | 22,22 m | RKS Phoenix Mutterstadt |
|----|--------|--------|----|---------|-------------------------|

MHK (13,00 kg):

| | | | | | |
|----|-----------------|-----------|----|---------|-------------------------|
| 1. | Zachrau, | Dominique | 81 | 17,25 m | RKS Phoenix Mutterstadt |
| 2. | Gundermann, | Norbert | 56 | 11,78 m | RKS Phoenix Mutterstadt |
| 3. | Zachrau, | Gerhard | 49 | 11,74 m | RKS Phoenix Mutterstadt |
| 4. | Lutter, Dr., | Klaus | 56 | 10,28 m | RKS Phoenix Mutterstadt |
| - | Luszick-Gahlen, | Uwe | 54 | abg. | RKS Phoenix Mutterstadt |

Teamwertung MHK (13,00 kg):

| | | | | | |
|----|-------------------------|-----------|----|----------------|-------------------------|
| 1. | RKS Phoenix Mutterstadt | | | 40,77 m | |
| | Zachrau, | Dominique | 81 | 17,25 m | RKS Phoenix Mutterstadt |
| | Gundermann, | Norbert | 56 | 11,78 m | RKS Phoenix Mutterstadt |
| | Zachrau, | Gerhard | 49 | 11,74 m | RKS Phoenix Mutterstadt |

M 40 (13,00 kg):

| | | | | | |
|------|--------------|-----------|----|---------|-------------------------|
| 1. | Zachrau, | Dominique | 81 | 17,25 m | RKS Phoenix Mutterstadt |
| a.W. | Gundermann, | Norbert | 56 | 11,78 m | RKS Phoenix Mutterstadt |
| a.W. | Zachrau, | Gerhard | 49 | 11,74 m | RKS Phoenix Mutterstadt |
| a.W. | Lutter, Dr., | Klaus | 56 | 10,28 m | RKS Phoenix Mutterstadt |

Teamwertung M 40 (13,00 kg):

| | | | | | |
|----|-------------------------|-----------|----|----------------|--|
| 1. | RKS Phoenix Mutterstadt | | | 40,77 m | |
| | Zachrau, | Dominique | 81 | 17,25 m | |
| | Gundermann, | Norbert | 56 | 11,78 m | |
| | Zachrau, | Gerhard | 49 | 11,74 m | |

M 65 (8,00 kg):

| | | | | | |
|------|-----------------|----------|----|---------|-------------------------|
| 1. | Gundermann, | Norbert | 56 | 18,23 m | RKS Phoenix Mutterstadt |
| a.W. | Zachrau, | Gerhard | 49 | 17,96 m | RKS Phoenix Mutterstadt |
| 2. | Lutter, Dr., | Klaus | 56 | 17,07 m | RKS Phoenix Mutterstadt |
| a.W. | Tretter, | Bernhard | 54 | 11,56 m | RKS Phoenix Mutterstadt |
| - | Luszick-Gahlen, | Uwe | 54 | abg. | RKS Phoenix Mutterstadt |

Teamwertung M 65 (8,00 kg):

| | | | | | |
|----|-------------------------|---------|----|----------------|--|
| 1. | RKS Phoenix Mutterstadt | | | 53,26 m | |
| | Gundermann, | Norbert | 56 | 18,23 m | |
| | Zachrau, | Gerhard | 49 | 17,96 m | |
| | Lutter, Dr., | Klaus | 56 | 17,07 m | |

M 70 (5,00 kg):

| | | | | | |
|----|-----------------|----------|----|---------|-------------------------|
| 1. | Thiele, | Gerhard | 50 | 22,30 m | RKS Phoenix Mutterstadt |
| 2. | Weber, | Horst | 52 | 21,32 m | RKS Phoenix Mutterstadt |
| 3. | Tretter, | Bernhard | 54 | 15,44 m | RKS Phoenix Mutterstadt |
| - | Luszick-Gahlen, | Uwe | 54 | abg. | RKS Phoenix Mutterstadt |

Teamwertung M 70 (5,00 kg):

| | | | | | |
|----|-------------------------|----------|----|----------------|--|
| 1. | RKS Phoenix Mutterstadt | | | 59,06 m | |
| | Thiele, | Gerhard | 50 | 22,30 m | |
| | Weber, | Horst | 52 | 21,32 m | |
| | Tretter, | Bernhard | 54 | 15,44 m | |

M 75 (5,00 kg):

| | | | | | |
|------|----------|---------|----|---------|-------------------------|
| 1. | Zachrau, | Gerhard | 49 | 23,60 m | RKS Phoenix Mutterstadt |
| a.W. | Caspers, | Lutz | 43 | 20,99 m | RKS Phoenix Mutterstadt |
| 2. | Hummer, | Josef | 46 | 19,39 m | RKS Phoenix Mutterstadt |

Teamwertung M 75 (5,00 kg):

| | | | | | |
|----|-------------------------|---------|----|----------------|--|
| 1. | RKS Phoenix Mutterstadt | | | 63,98 m | |
| | Zachrau, | Gerhard | 49 | 23,60 m | |
| | Caspers, | Lutz | 43 | 20,99 m | |
| | Hummer, | Josef | 46 | 19,39 m | |

M 80 (3,00 kg):

| | | | | | |
|----|----------|------|----|---------|-------------------------|
| 1. | Caspers, | Lutz | 43 | 24,58 m | RKS Phoenix Mutterstadt |
|----|----------|------|----|---------|-------------------------|

LSW-Schottenhammerwerfen

WHK + W 45 (5,00 kg):

| | | | | | |
|----|---------|--------|----|---------|-------------------------|
| 1. | Keller, | Birgit | 75 | 16,16 m | RKS Phoenix Mutterstadt |
| 2. | Ansel, | Renate | 74 | 12,89 m | RKS Phoenix Mutterstadt |

W 50 (3,00 kg):

| | | | | | |
|----|--------|--------|----|---------|-------------------------|
| 1. | Ansel, | Renate | 74 | 14,31 m | RKS Phoenix Mutterstadt |
|----|--------|--------|----|---------|-------------------------|

MHK (13,00 kg):

| | | | | | |
|----|-----------------|-----------|----|---------|-------------------------|
| 1. | Zachrau, | Dominique | 81 | 13,87 m | RKS Phoenix Mutterstadt |
| 2. | Gundermann, | Norbert | 56 | 10,56 m | RKS Phoenix Mutterstadt |
| 3. | Zachrau, | Gerhard | 49 | 10,02 m | RKS Phoenix Mutterstadt |
| - | Luszick-Gahlen, | Uwe | 54 | abg. | RKS Phoenix Mutterstadt |

Teamwertung MHK (13,00 kg):

| | | | | |
|----|-------------------------|-----------|----|----------------|
| 1. | RKS Phoenix Mutterstadt | | | 34,45 m |
| | Zachrau, | Dominique | 81 | 13,87 m |
| | Gundermann, | Norbert | 56 | 10,56 m |
| | Zachrau, | Gerhard | 49 | 10,02 m |

M 40 (13,00 kg):

| | | | | |
|------|-------------|-----------|----|---------|
| 1. | Zachrau, | Dominique | 81 | 13,87 m |
| a.W. | Gundermann, | Norbert | 56 | 10,56 m |
| a.W. | Zachrau, | Gerhard | 49 | 10,02 m |

Teamwertung M 40 (13,00 kg):

| | | | | |
|----|-------------------------|-----------|----|----------------|
| 1. | RKS Phoenix Mutterstadt | | | 34,45 m |
| | Zachrau, | Dominique | 81 | 13,87 m |
| | Gundermann, | Norbert | 56 | 10,56 m |
| | Zachrau, | Gerhard | 49 | 10,02 m |

M 65 (8,00 kg):

| | | | | | |
|------|-----------------|----------|----|---------|-------------------------|
| 1. | Gundermann, | Norbert | 56 | 15,37 m | RKS Phoenix Mutterstadt |
| a.W. | Zachrau, | Gerhard | 49 | 14,44 m | RKS Phoenix Mutterstadt |
| a.W. | Tretter, | Bernhard | 54 | 9,24 m | RKS Phoenix Mutterstadt |
| - | Luszick-Gahlen, | Uwe | 54 | abg. | RKS Phoenix Mutterstadt |

Teamwertung M 65 (8,00 kg):

| | | | | |
|----|-------------------------|----------|----|----------------|
| 1. | RKS Phoenix Mutterstadt | | | 39,05 m |
| | Gundermann, | Norbert | 56 | 15,37 m |
| | Zachrau, | Gerhard | 49 | 14,44 m |
| | Tretter, | Bernhard | 54 | 9,24 m |

M 70 (5,00 kg):

| | | | | | |
|------|-----------------|--------------|----|---------|-------------------------|
| a.W. | Zachrau, | Gerhard | 49 | 20,43 m | RKS Phoenix Mutterstadt |
| 1. | Tretter, | Bernhard | 54 | 12,92 m | RKS Phoenix Mutterstadt |
| a.W. | Heinzel, | Hans Joachim | 46 | 10,03 m | RKS Phoenix Mutterstadt |
| - | Luszick-Gahlen, | Uwe | 54 | abg. | RKS Phoenix Mutterstadt |

Teamwertung M 70 (5,00 kg):

| | | | | |
|----|-------------------------|--------------|----|----------------|
| 1. | RKS Phoenix Mutterstadt | | | 43,38 m |
| | Zachrau, | Gerhard | 49 | 20,43 m |
| | Tretter, | Bernhard | 54 | 12,92 m |
| | Heinzel, | Hans Joachim | 46 | 10,03 m |

M 75 (5,00 kg):

| | | | | | |
|----|----------|--------------|----|---------|-------------------------|
| 1. | Zachrau, | Gerhard | 49 | 20,43 m | RKS Phoenix Mutterstadt |
| 2. | Heinzel, | Hans Joachim | 46 | 10,03 m | RKS Phoenix Mutterstadt |
| 3. | Hessert, | Helmut | 46 | 10,00 m | TSV Schott Mainz |